

OBC LCM 2026: Session: 1: COACH evaluation sheet for TEAM: De Akker

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 200M BACKSTROKE MEN

Heat:4, starttime: 09:36

Heat: 4/5 Lane : 1 Athlete: SWENNEN LIAM

Q-time: 02:16:51

PB (50m pool):

PB (25m pool): No time SB:

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB					
					

Coach feedback: